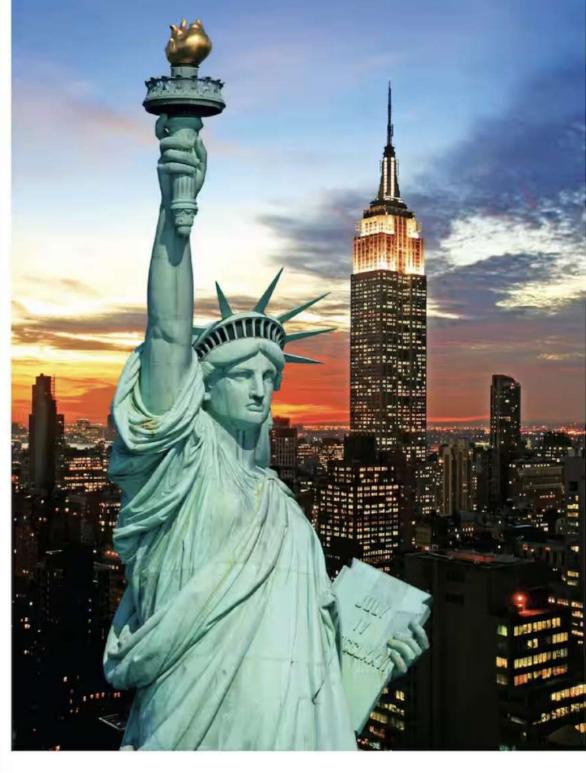




Rahul Jagtiani is a multifaceted entrepreneur with a brand of travel and lifestyle accessories, and also has a self-produced and hosted travel show. He is equally passionate about emerging technology and its myriad use cases within the travel industry. Follow him on Instagram @rahul.jagtiani





It's not everyday you get to pedal across one of the world's richest cultural hubs. Or cycle over an iconic bridge and wave at our planet's most recognisable lady with a torch! If you haven't guessed it yet, this is a reference to a cycling trip through New York. While the city is one of the most walkable in the world, with around 2,000 km of bicycle lanes and routes — many of which have been added in the past decade — it's also quite bike-friendly! Add to it the exhilarating experience of flowing through the veins of one of the world's greatest

urban hubs! You can easily rent a bike or join guided tours that journey through the city's rich tapestry of neighbourhoods, parks and cultural hotspots. While you can cycle through almost any part of New York, there are a few biking routes that will offer you a taste of the incredible diversity and beauty of NYC.

Brooklyn Greenway

First up is the Brooklyn Greenway ride that will take you from Atlantic Avenue to Greenpoint. This scenic urban adventure





covers a distance of around 9 km and takes approximately 30 minutes to complete. Begin your trip at the foot of Atlantic Avenue, one of the newest bike paths in the city, and ride through the picturesque Brooklyn Bridge Park that offers stunning views of the East River. Make your way to the historic Brooklyn Navy Yard, follow the dedicated bike lane north, passing the Williamsburg Bridge and stopping by the new Domino Park, ending your tour at WNYC Transmitter Park. A hub of creativity, Brooklyn has much to offer - the Brooklyn Academy of Music, the Music Hall of Williamsburg, Bell House and Brooklyn Bowl. Get a taste of the town at the many food trucks, breweries and restaurants. Don't miss the century-old carousel in Prospect Park!

Bike rental: Brooklyn Bike Tours are inclusive and provide a licensed tour guide, a bike, a



helmet, water and even tour photographs to capture those memorable moments.

Central Park Loop

Next comes the Central Park Loop that covers around 10 km and takes approximately 45 to 60 minutes. Enter at Columbus Circle and pedal in a loop through the sprawling oasis of green in the heart of Manhattan at leisure! Wind your way by the Great Lawn, the Delacorte Theater and the majestic Belvedere Castle.

Bike rental: Rent a bike from Bike Rent NYC, the official bike rental company of NYC parks. They offer guided tours and individual rentals – a two-hour guided bike tour, available daily – is the most apt to explore the beauty of Central Park. You can also rent bicycles from one of their many Manhattan locations. Each rental

comes with a free helmet, bike lock and a handy NYC bike map.

Hudson River Ride

Then there is the Hudson River Greenway that covers the Battery Park and the George Washington Bridge. This riverside adventure covers a distance of around 18 km and takes approximately an hour. The long but scenic tour starts at the Battery, the southernmost point of Manhattan, and follows the bike path along the Hudson River. Pedal by the One World Trade Center and catch glimpses of the picturesque West Village and the towering Hudson Yards complex. Take a moment to admire the USS Intrepid, an impressive aircraft carrier that served World War II and currently operates as a memorial and museum ship, and the eye-catching VIA 57 WEST building. Continue by

What else



TIMES SQUARE

The hub of the Broadway Theatre District and venue of the world-famous New Year's Eve Ball drop, this is said to be the crossroad of the modern world! While the pedestrian plazas are meant to be explored on foot, there are a few Citi Bike stations close by.

CITY BY NIGHT

Make the most of your evening on a bike tour of NYC's most dazzling lights. Start at the Columbus Circle, pedal past Rockefeller Center, Grand Central Terminal, Times Square, the Empire State Building and other iconic landmarks that light up New York's skyline.



New York has hundreds of miles of bike lanes and one of the largest bike-sharing programmes in North America.

riding right by the river alongside the Upper West Side or heading through the greenery of Riverside Park. If you need a break, halt at the Riverbank State Park (Upper Manhattan). End at Fort Washington Park's Little Red Lighthouse beneath the majestic George Washington Bridge!

Bike rental: Citi Bike has thousands of bicycles available at hundreds of stations in Manhattan, Bronx, Brooklyn and Queens, making renting a bike a breeze. Whether you need a quick ride or want to embark on a day-long adventure, Citi Bike offers daily and annual passes. For just USD 19, you can enjoy unlimited 30-minute rides throughout the day with a one-day pass.

I love being able to explore the city at my own pace, unlocking a bike at one station and returning it at any other station. It's that simple!